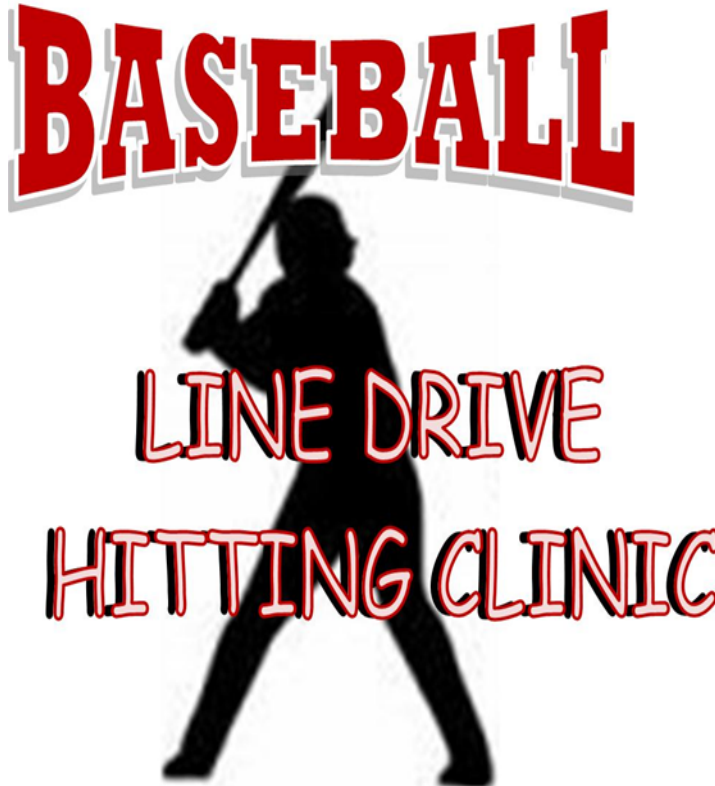




LINE-DRIVE HITTING CLINIC

For five weeks, hitters rotate through a series of supervised stations, including batting cages, each designed to teach a different piece of hitting. Players enjoy participating in hitting games and unique drills used by the nation's top high school and college programs and developed by the GWE Sports Center advisory staff.



The program is designed to improve pitch and strike-zone recognition, timing, balance, quickness, power, situational hitting, bunting and other aspects. Young hitters build an invaluable foundation and a thorough understanding of the swing, while experienced players cover advanced topics such as hitting different pitches to different fields, hitting curveballs and changeups, and more.

In addition hitters will learn to utilize different swing mechanics to maximize bat speed through the hitting zone while building confidence at the plate. Hitters will improve their ability to cover as much of the strike zone as possible with bat speed on contact and through the ball.

Session 1 FILLED

Session 2 FILLED

Session 3 FILLED

Session 4 FILLED

Session 5

DATES: Monday's April 2nd, 9th, 16th & 23rd

TIMES: 5:00pm – 6:30pm

COSTS: \$99 for 4 week session

ONLY EXCEPTING FIRST 12 STUDENTS SO REGISTER NOW!

(319) 373-0892 • 850 Twixt Town Road NE • Cedar Rapids, IA 52402

www.gweclub.com