



Command Pitching Clinic

Instruction by Former MLB Pitcher Mike Schwabe
AGES 8-13



Developing the correct mechanics is crucial in maximizing your pitch location, velocity, and stamina. With simple mechanical properties you can maximize your potential. The proper mechanics are crucial in order to take the stress and pressure off the arm and keep it healthy. This allows your body to throw the ball effortlessly to maximize velocity and locate your pitches.

Session 1 FILLED

Session 2

DATES: December 22nd, 29th, January 5th, 12th & 19th.

TIMES: 6:00 pm-7:00pm

COST: \$99 for 5 week session

Session 3

DATES: January 26th, February 2nd, 9th, 16th & 23rd.

TIMES: 6:00 pm-7:00pm

COST: \$99 for 5 week session

ONLY EXCEPTING FIRST 12 STUDENTS SO REGISTER NOW!